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Cognitive Behavioral Therapy. Peer Coaching. Education

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Apr 11, 2024

ARVADA Home Office Wadsworth & 66th COMMERCE Colorado & 72nd Outpatient Behavioral Healthcare

Apr 11, 2024

Froup Sc		F., J	Canalan T	* 04	0	In-Person, TeleHeat	
Day	Start	End	Gender Ty	rp* Office	Counselor	Comment	Group Code
Acceptanc	e & Comm	itment '	Therapy (ACT)		DUI Lev	vel II Therapy
Thursday	6:00 PM	8:00 PM	All	IP Arvada	K Bowling, BS, CAS	ACT	THRPAC
Aftercare /	Continuir	ng Case					
Monday	7:00 PM	9:00 PM	All	IP Lakewood	M Archambault, BS, CAS	Aftercare / Relapse Prev	MAC-RI
Anger Mar	nagement '	Therapy	•				
Wednesday	4:00 PM	6:00 PM	All	IP Lakewood	C Wolfe, BS, CAS		WAN
Cognitive 1	Restructur	ing The	rapy (CO	3)		DUI Lev	vel II Therapy
Monday	3:00 PM	5:00 PM	All	TH	K Holmes, BS, CAS, UP		MRP-COO
Monday	4:00 PM	6:00 PM	Male	IP Commerce	K Valentin, BS, CAS	Seeking Safety for Men	MSS-N
Monday	6:00 PM ·	8:00 PM	All	IP Arvada	J Helm, BS, CAS		MCOG
Monday	6:00 PM ·	8:00 PM	Female	IP Commerce	K Valentin, BS, CAS	Seeking Safety for Women	MSS-
Tuesday	11:00 AM	1:00 PM	All	IP Arvada	T Courtney, BS, CAT		TT2-AM
Tuesday	4:00 PM	6:00 PM	Female	IP Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-
Tuesday	6:00 PM	8:00 PM	All	IP Lakewood	C Wolfe, BS, CAS		TCOG
Wednesday	4:00 PM	6:00 PM	All	IP Lakewood	C Wolfe, BS, CAS		WAI
Wednesday	6:00 PM	8:00 PM	Male	IP Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-N
Saturday	8:30 AM •	- 10:30 AM	All	IP Lakewood	K Valentin, BS, CAS	ICCS	SCOG
Saturday	10:30 AM	12:30 PM	All	IP Lakewood	K Valentin, BS, CAS		SCOG
Dialectica			y (DBT)			DUI Lev	vel II Therapy
Monday	5:00 PM •	· 7:00 PM	All	IP Commerce	C Wolfe, BS, CAS	ICCS	MDB.
Monday	6:00 PM •	• 8:00 PM	Female	IP Arvada	K Bowling, BS, CAS	Women in Recovery	VIWDBT-Traum
Tuesday	6:00 PM •	• 8:00 PM	Male	IP Arvada	K Bowling, BS, CAS	Men in Recovery	TMIR
Wednesday	11:00 AM •	• 1:00 PM	All	TH	K Holmes, BS, CAS, UP		WDBT
Wednesday	4:00 PM	• 6:00 PM	All	IP Lakewood	A Nepstad, BS		WDBT
Wednesday	6:00 PM •	8:00 PM	Male	IP Lakewood	K Bowling, BS, CAS	ICCS	WMDBT
Wednesday	6:00 PM •	8:00 PM	All	IP Arvada	J Schreiber, MA, LPCC		WDB
Thursday	6:00 PM •	8:00 PM	Male	TH	K Taylor, MA, MBA, LPC		THDBT2-
Thursday	6:15 PM	8:15 PM	All	IP Arvada	T Courtney, BS, CAT	ICCS	THDB
Thursday	6:30 PM ·	8:30 PM	Female	TH	V Medina, MA, LPCC, NCC		THWDB'

ICCS

Group Schedule In-Person, TeleHeath, Hybrid Groups* End Office Comment Day Start Gender Typ* Counselor Group Code **Domestic Violence (DV)** S Jones, BS, CAS, DVAP MDV2-F Monday 4:30 PM - 6:00 PM Female TH IP Arvada Monday 6:00 PM - 7:30 PM Male S Jones, BS, CAS, DVAP MDV5-M Monday 6:00 PM - 7:30 PM Male IP Lakewood B Neal, MA, LPCC, Associate DVAP MDV4-M Tuesday 11:00 AM - 12:30 PM Male Arvada S Jones, BS, CAS, DVAP TDV3-M IP Arvada TDV-F2 Tuesday 6:00 PM - 7:30 PM Female S Jones, BS, CAS, DVAP Tuesday 6:00 PM - 7:30 PM Male ΤH D Meissner, MA, LAC, LPC, DVAP, ACS TDV4-M Tuesday 8:00 PM - 9:30 PM Male TH B Neal, MA, LPCC, Associate DVAP **ICCS** TDV-M TH WDV-F Wednesday 4:30 PM - 6:00 PM Female J Bailey, MA, LPCC, CAS, DVAP, EAGALA WMDV-CC 6:00 PM - 7:30 PM Male ΤH Wednesday B Neal, MA, LPCC, Associate DVAP Thursday 12:00 PM - 1:30 PM Male TH B Neal, MA, LPCC, Associate DVAP THDV5-M Thursday 3:30 PM - 5:00 PM Male IP Lakewood S Jones, BS, CAS, DVAP THDV-M Thursday 6:00 PM - 8:00 PM ΑII IP Arvada DV Orientation (1 sess only) DV-Orient. Wk 1 B Neal, MA, LPCC, Associate DVAP Thursday 6:00 PM - 8:00 PM B Neal, MA, LPCC, Associate DVAP DV Orientation (1 sess only) DV-Orient. Wk 2 All IP Arvada Thursday 6:00 PM - 8:00 PM ΑII IP Arvada B Neal, MA, LPCC, Associate DVAP DV Orientation (1 sess only) DV-Orient. Wk 3 Thursday 6:00 PM - 8:00 PM All IP Arvada B Neal, MA, LPCC, Associate DVAP DV Orientation (1 sess only) DV-Orient. Wk 4 Saturday 10:30 AM - 12:00 PM IP Lakewood S Jones, BS, CAS, DVAP SDVM4 Male **DUI Level II Education** MED 6:00 PM - 8:00 PM ΑII IP Arvada Monday B Thompson, MS, LAC, LPCC, NCC Tuesday 6:30 PM - 8:30 PM ΑII TH T Courtney, BS, CAT TED2-CC Wednesday 8:00 PM - 10:00 PM All TH J Helm, BS, CAS WL2-Ed SED Saturday All TH K Holmes, BS, CAS, UP 10:30 AM - 12:30 PM **DUI Level II Four+** 6:00 PM - 8:00 PM ΑII TH J Schreiber, MA, LPCC ML2-4+ Monday 8:00 PM - 10:00 PM Monday All TH J Schreiber, MA, LPCC ML2-4+(2)IP Lakewood Tuesday 10:00 AM - 12:00 PM ΑII J Schreiber, MA, LPCC TL2-4+D ΑII Tuesday 5:00 PM - 7:00 PM TH K Scott, MA, LPC TL2-4+ Wednesday 4:00 PM - 6:00 PM ΑII IP Arvada J Schreiber, MA, LPCC WL2-4+E

K Scott, MA, LPC

K Scott, MA, LPC

WL2-4+A

WL2-4+B

Wednesday

Wednesday

4:00 PM - 6:00 PM

6:00 PM - 8:00 PM

All

ΑII

TH

TH

Group Schedule

In-Person, TeleHeath, Hybrid Groups*

Day Start End Gender Typ* Office Counselor Comment Group Cod
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DUI Level	II Therap	у					A Cross-referer	nce of all our DUI Level II th	erapy groups
Monday	12:00 PM	-	3:00 PM	All	ΙP	Commerce	J Helm, BS, CAS		IOP-C
Monday	4:00 PM	•	6:00 PM	All	ΙP	Arvada	J Helm, BS, CAS		MRP
Monday	4:00 PM	-	6:00 PM	Male	ΙP	Commerce	K Valentin, BS, CAS	Seeking Safety for Men	MSS-
Monday	4:00 PM	-	7:00 PM	All	ΙP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IO
Monday	5:00 PM		7:00 PM	All	ΙP	Commerce	C Wolfe, BS, CAS	ICCS	MDB
Monday	6:00 PM		8:00 PM	Female	ΙP	Arvada	K Bowling, BS, CAS	Women in Recovery	MWDBT-Traum
Monday	6:00 PM	-	8:00 PM	All	ΙP	Arvada	J Helm, BS, CAS		MCOG
Monday	6:00 PM	-	8:00 PM	Female	ΙP	Commerce	K Valentin, BS, CAS	Seeking Safety for Women	MSS-
Monday	7:00 PM	-	9:00 PM	All	ΙP	Lakewood	M Archambault, BS, CAS	Aftercare / Relapse Prev	MAC-R
Monday	7:00 PM		9:00 PM	All	TH		J Lopez, BS, CAC III		MR
Monday	7:00 PM		9:00 PM	All	ΙP	Lakewood	A Nepstad, BS	ICCS	MMR
Tuesday	11:00 AM		1:00 PM	All	ΙP	Arvada	T Courtney, BS, CAT		TT2-AN
Tuesday	11:00 AM		1:00 PM		TH		K Scott, MA, LPC		TRP
Tuesday	4:00 PM		6:00 PM	Female	ΙP	Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-
Tuesday			7:00 PM	All		Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IC
Tuesday			8:00 PM	Male		Arvada	K Bowling, BS, CAS	Men in Recovery	TMIF
Tuesday			8:00 PM	All	TH		J Helm, BS, CAS	,	TRP3-A
Tuesday			8:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC
Tuesday			8:00 PM	All		Lakewood	C Wolfe, BS, CAS	.000	TCOG
Tuesday			10:00 PM	All	TH		J Helm, BS, CAS		TRP7-A
Tuesday			10:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC
Wednesday	11:00 AM			All	TH		K Holmes, BS, CAS, UP	1000	WDB
Wednesday	12:00 PM			All			J Helm, BS, CAS		IOP-C
Wednesday			6:00 PM	All	TH		T Courtney, BS, CAT		WRP2-C
Wednesday			6:00 PM	All		Lakewood	A Nepstad, BS		WDBT
Wednesday			7:00 PM	All		Commerce	J Helm, BS, CAS		WRP1-C
Wednesday	6:00 PM			Male		Lakewood	K Bowling, BS, CAS	ICCS	WMDBT
Wednesday			8:00 PM	Maio		Commerce	T Courtney, BS, CAT	1.000	WSTOP-C
Wednesday			8:00 PM	All		Arvada	J Schreiber, MA, LPCC		WDE
Wednesday			8:00 PM	Male		Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-
Thursday	12:00 PM			All		Commerce	J Helm, BS, CAS	occining duricity. Grant Funds	IOP-C
Thursday			7:00 PM	All		Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	101 -0
Thursday	6:00 PM			Male	TH		K Taylor, MA, MBA, LPC	Meets M, Tu, & TT	THDBT2-
Thursday			8:15 PM	All		Arvada	T Courtney, BS, CAT	ICCS	THDB
Thursday			8:15 PM	All	TH		J Lopez, BS, CAC III	1003	THRP
Thursday			8:30 PM		TH		V Medina, MA, LPCC, NCC		
Thursday			9:00 PM	Female All		Lakewood	M Archambault, BS, CAS	HOPE	THWDE HOPE - R
•						Lakewood	C Wolfe, BS, CAS	HOPE	
Thursday			9:00 PM	All					THSSC
Saturday			10:15 AM	All	TH		S Jones, BS, CAS, DVAP	1000	SRF
Saturday			10:30 AM	All		Lakewood	K Valentin, BS, CAS	ICCS	SCOG
Saturday			11:00 AM	All	TH		J Lopez, BS, CAC III		SSS
Saturday	10:30 AM			All	TH		A Nepstad, BS		SMR
Saturday	10:30 AM			All	IP	Lakewood	K Valentin, BS, CAS	1000	SCOG
Saturday	11:00 AM	•	1:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	SSSC
Family Pro	ograms								
Tuesday	6:00 PM	-	7:30 PM	All	TH		A Nepstad, BS	Parenting	Parenting
Wednesday	E.OO DM		6:00 PM	All	HV	Commerce	K Taylor, MA, MBA, LPC	CRAFT	CRAFT

Davi	hedule		Condon	T. //- *	Off:	Companier	Correct	Croup Cade
Day	Start	End	Gender	тур*	Office	Counselor	Comment	Group Code
ntensive	OutPatient	t (IOP)					DUI Level	II Therapy
Monday	12:00 PM	- 3:00 PM	All	ΙP	Commerce	J Helm, BS, CAS		IOP-CC
Monday	4:00 PM	- 7:00 PM	All	ΙP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOF
Tuesday	4:00 PM	- 7:00 PM	All	ΙP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOF
Wednesday	12:00 PM	- 3:00 PM	All	ΙP	Commerce	J Helm, BS, CAS		IOP-CC
Thursday	12:00 PM	- 3:00 PM	All	ΙP	Commerce	J Helm, BS, CAS		IOP-CC
Thursday	4:00 PM	- 7:00 PM	All	ΙP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOF
Life Skills	& Peer Re	covery (Coaching	ī				
Thursday	6:00 PM	- 7:30 PM	All	ΙP	Lakewood	J Ramirez, PRC		LSR2
MAT - Me	dication-A	ssisted 1	'reatmer	ıt (H	.O.P.E.)		DUI Level	II Therapy
Thursday	7:00 PM	- 9:00 PM	All	ΙP	Lakewood	M Archambault, BS, CAS	HOPE	HOPE - RF
Moral Rec	onation Tl	herapy (I	MRT)				DUI Level	II Therapy
Monday	7:00 PM	- 9:00 PM	All	ΙP	Lakewood	A Nepstad, BS	ICCS	MMRT
Wednesday	7:00 PM	- 9:00 PM	All	TH		A Nepstad, BS		WMRT4
Saturday	10:30 AM	- 12:30 PM	All	TH		A Nepstad, BS		SMRT
Parenting								
Tuesday	6:00 PM	- 7:30 PM	All	TH		A Nepstad, BS	Parenting	Parenting1
Quick Acc	ess to Rec	overy					Peer-led s	kills group
Tuesday	6:00 PM	- 7:30 PM	All	ΙP	Arvada	J Ramirez, PRC	Also Lkw on Thu, CC on Wed	QAR1
Recovery	Support						Building Long-Tern	n Recovery
Tuesday		- 8:00 PM	Male	ΙP	Arvada	K Bowling, BS, CAS	Men in Recovery	TMIR1
Relapse P	revention '	Therapy					DUI Level	II Therapy
Monday	3:00 PM	- 5:00 PM	All	TH		K Holmes, BS, CAS, UP		MRP-COG
Monday		- 6:00 PM	All		Arvada	J Helm, BS, CAS		MRP3
Monday		- 9:00 PM	All		Lakewood	M Archambault, BS, CAS	Aftercare / Relapse Prev	MAC-RF
Monday	7:00 PM	- 9:00 PM	All	TH		J Lopez, BS, CAC III	•	MRF
Tuesday		- 1:00 PM		TH		K Scott, MA, LPC		TRP6
Tuesday		- 8:00 PM	All	TH		J Helm, BS, CAS		TRP3-Arv
Tuesday		- 10:00 PM	All	TH		J Helm, BS, CAS		TRP7-Arv
Wednesday		- 6:00 PM	All	TH		T Courtney, BS, CAT		WRP2-CC
Wednesday		- 6:00 PM			Lakewood	B Thompson, MS, LAC, LPCC, NCC		WRP4
Wednesday	5:00 PM	- 7:00 PM	All	ΙP	Commerce	J Helm, BS, CAS		WRP1-CC
Thursday	6:15 PM	- 8:15 PM	All	TH		J Lopez, BS, CAC III		THRPC
Thursday	7:00 PM	- 9:00 PM	All	ΙP	Lakewood	M Archambault, BS, CAS	HOPE	HOPE - RF
Saturday	8:15 AM	- 10:15 AM	All	TH		S Jones, BS, CAS, DVAP		SRP1
Seeking Sa	afety							
Monday	4:00 PM	- 6:00 PM	Male	ΙP	Commerce	K Valentin, BS, CAS	Seeking Safety for Men	MSS-N
Monday	6:00 PM	- 8:00 PM	Female	ΙP	Commerce	K Valentin, BS, CAS	Seeking Safety for Women	MSS-F
Tuesday	4:00 PM	- 6:00 PM	Female	ΙP	Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-F
Wednesday		- 8:00 PM	Male	ΙP	Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-N
stimulant	Outpatien	t Therap	y (STOP))			DUI Level	II Therapy
Wednesday	6:00 PM	- 8:00 PM		ΙP	Commerce	T Courtney, BS, CAT		WSTOP-CC
Strategies	for Self-In	nprovem	ent & Ch	nang	ge (SSIC)		DUI Level	II Therapy
Tuesday	6:00 PM	- 8:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC1
Tuesday	8:00 PM	- 10:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC2
Thursday	7:00 PM	- 9:00 PM	All	ΙP	Lakewood	C Wolfe, BS, CAS		THSSC1
Tituisuay								
Saturday	9:00 AM	- 11:00 AM	All	TH		J Lopez, BS, CAC III		SSSC

^{*}Type: IP = In Person only | TH = TeleHealth (remote video sessions only) | HY = Hybrid (In-person + remote video

Group Schedule In-Person, TeleHeath, Hybrid Groups* End Office Group Code Day Start Gender Typ* Counselor Comment

Trauma-informed Therapy DUI Level II Thera						
Monday	4:00 PM - 6:00 PM	Male	IP Commerce	K Valentin, BS, CAS	Seeking Safety for Men	MSS-M
Monday	6:00 PM - 8:00 PM	Female	IP Arvada	K Bowling, BS, CAS	Women in Recovery	VIWDBT-Trauma
Monday	6:00 PM - 8:00 PM	Female	IP Commerce	K Valentin, BS, CAS	Seeking Safety for Women	MSS-F
Tuesday	4:00 PM - 6:00 PM	Female	IP Lakewood	V Medina, MA, LPCC, NCC	Seeking Safety. Grant Funds	TSS-F
Wednesday	6:00 PM - 8:00 PM	Male	IP Lakewood	B Thompson, MS, LAC, LPCC, NCC	Seeking Safety. Grant Funds	WSS2-M