



Updated: 4/25/2017

## CTO's Spring 2017 Group Schedule

Updated: 4/25/2017

### Anger Management Therapy AM

Day	Start	End	Counselor	Office	Comments	Code
Saturday	10:30 AM	12:30 PM	T Jahn, BA	Arvada		SAM

### Cognitive Restructuring Therapy COG

Day	Start	End	Counselor	Office	Comments	Code
Monday	6:00 PM	8:00 PM	C Anderson, BS, BA, MSW	Arvada		MCOG3
Tuesday	11:00 AM	1:00 PM	M Fabian, MA, CACII	Arvada		TT2-AM
Tuesday	7:00 PM	9:00 PM	C Anderson, BS, BA, MSW	Lakewood		TCOG2

### Dialectical Behavior Therapy DBT

Day	Start	End	Counselor	Office	Comments	Code
Wednesday	4:00 PM	6:00 PM	C Anderson, BS, BA, MSW	Arvada		WDBT2
Wednesday	6:00 PM	8:00 PM	S Wilson, MA	Lakewood		WDBT
Thursday	6:00 PM	8:00 PM	C Anderson, BS, BA, MSW	Arvada		THDBT

### Dialectical Behavior Therapy for Men DBT-M

Day	Start	End	Counselor	Office	Comments	Code
Wednesday	6:00 PM	8:00 PM	M Hegge, BS, CACII	Lakewood		WMDBT

### Dialectical Behavior Therapy for Women DBT-F

Day	Start	End	Counselor	Office	Comments	Code
Monday	4:00 PM	6:00 PM	C Shirreffs, BS	Lakewood		MWDBT
Wednesday	4:00 PM	6:00 PM	C Shirreffs, BS	Arvada		WWDBT
Wednesday	6:00 PM	8:00 PM	C Shirreffs, BS	Arvada		WWG
Thursday	6:30 PM	8:30 PM	C Shirreffs, BS	Arvada		THWDBT

### Domestic Violence Therapy for Men DV-M

Day	Start	End	Counselor	Office	Comments	Code
Monday	6:00 PM	7:30 PM	D Caruana, MA, CACII, DVAP	Arvada		MDV2-M
Monday	8:00 PM	9:30 PM	D Caruana, MA, CACII, DVAP	Arvada		MDV-M
Tuesday	5:00 PM	6:30 PM	L Douglas, MA, LPC, CACIII	Arvada		TDV-M
Wednesday	5:00 PM	6:30 PM	D Caruana, MA, CACII, DVAP	Arvada		WDV2-M
Wednesday	7:00 PM	8:30 PM	D Caruana, MA, CACII, DVAP	Arvada		WDV-M
Thursday	3:30 PM	5:00 PM	D Caruana, MA, CACII, DVAP	Denver	Starts 5/11	THDV-M-D

### Domestic Violence Therapy for Women DV-F

Day	Start	End	Counselor	Office	Comments	Code
Tuesday	7:00 PM	8:30 PM	L Douglas, MA, LPC, CACIII	Arvada		TDV-F

### Intensive OutPatient IOP

Day	Start	End	Counselor	Office	Comments	Code
Mon, Tue, Thu	4:00 PM	7:00 PM	M Archambault, BS, CAC III	Lakewood	Meets 3x/week	IOP

### Intensive OutPatient Aftercare IOP-AC

Day	Start	End	Counselor	Office	Comments	Code
Monday	7:00 PM	10:00 PM	M Archambault, BS, CAC III	Lakewood		MIOP-AC
Wednesday	4:00 PM	7:00 PM	M Archambault, BS, CAC III	Lakewood		WIOP-AC

**Level II Education****L2Ed**

Day	Start	End	Counselor	Office	Comments	Code
Monday	6:00 PM	8:00 PM	J Smith, PsyD, LAC, LPC	Lakewood	Starts 5/1	MED
Thursday	7:00 PM	9:00 PM	S Wilson, MA	Denver		THED
Saturday	10:30 AM	12:30 PM	M Fabian, MA, CACII	Arvada		SED

**Marijuana Abstinence Program****MAP**

Day	Start	End	Counselor	Office	Comments	Code
Tuesday	4:00 PM	6:00 PM	M Fabian, MA, CACII	Arvada	Closed grp	TMAP
Tuesday	6:30 PM	8:30 PM	M Fabian, MA, CACII	Lakewood	Open group - New	TMAP2
Thursday	4:00 PM	6:00 PM	M Fabian, MA, CACII	Denver	Closed grp	THMAPD

**Matrix Substance Abuse****MATRIX**

Day	Start	End	Counselor	Office	Comments	Code
Mon @ 4PM, Wed @ 7PM			M Archambault, BS, CAC III	Lakewood	Meets 2x/week	MATRIX1

**Men In Recovery [Trauma-informed]****MIR**

Day	Start	End	Counselor	Office	Comments	Code
Wednesday	4:00 PM	6:00 PM	M Hegge, BS, CACII	Lakewood	Closed grp	WMIR
Thursday	5:00 PM	7:00 PM	M Hegge, BS, CACII	Arvada	Closed grp	THMIR

**Moral Reconciliation Therapy****MRT**

Day	Start	End	Counselor	Office	Comments	Code
Thursday	7:00 PM	9:00 PM	T Schneider, BS, CACII	Lakewood		THMRT
Saturday	8:00 AM	10:00 AM	T Schneider, BS, CACII	Denver		SMRTD

**Relapse Prevention Therapy****RP**

Day	Start	End	Counselor	Office	Comments	Code
Monday	5:00 PM	7:00 PM	M Hegge, BS, CACII	Arvada		MRP2
Monday	7:00 PM	9:00 PM	M Hegge, BS, CACII	Arvada		MRP
Thursday	10:00 AM	12:00 PM	D Caruana, MA, CACII, DVAP	Denver		Th-RP2-D
Thursday	10:00 AM	12:00 PM	T Schneider, BS, CACII	Lakewood		THRPS
Thursday	5:00 PM	7:00 PM	T Schneider, BS, CACII	Lakewood		THT2
Thursday	6:00 PM	8:00 PM	D Caruana, MA, CACII, DVAP	Arvada		THRPC
Thursday	6:00 PM	8:00 PM	M Fabian, MA, CACII	Denver		Th-RP-D
Saturday	8:15 AM	10:15 AM	M Fabian, MA, CACII	Arvada		SRP1
Saturday	8:30 AM	10:30 AM	T Jahn, BA	Arvada		SRP2

**Stimulant Outpatient Therapy****STOP**

Day	Start	End	Counselor	Office	Comments	Code
Tuesday	4:00 PM	6:00 PM	M Hegge, BS, CACII	Arvada		TSTOP2
Thursday	7:00 PM	9:00 PM	M Hegge, BS, CACII	Arvada		THSTOP

**Strategies for Self-Improvement and Change****SSC**

Day	Start	End	Counselor	Office	Comments	Code
Tuesday	6:00 PM	8:00 PM	M Hegge, BS, CACII	Arvada		TSSC1
Saturday	10:30 AM	12:30 PM	T Schneider, BS, CACII	Lakewood		SSC

**Women In Recovery [Trauma-informed]****WIR**

Day	Start	End	Counselor	Office	Comments	Code
Wednesday	10:00 AM	12:00 PM	C Anderson, BS, BA, MSW	Arvada	Closed grp	WWIR
Wednesday	12:00 PM	2:00 PM	C Anderson, BS, BA, MSW	Arvada	Starts 6/15. Closed grp	WWIR2