



Updated: 8/13/2017

CTO GROUP SCHEDULE

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Anger Management Therapy

Day	Start	End	Counselor	Office	Comments	Code
Saturday	10:30 AM	12:30 PM	S Wallace, MA	Arvada		SAM

Beyond Trauma for Women

Day	Start	End	Counselor	Office	Comments	Code
Monday	12:00 PM	2:00 PM	C Shirreffs, BA, BS	Lakewood		MFBT

Cognitive Restructuring Therapy

Day	Start	End	Counselor	Office	Comments	Code
Monday	6:00 PM	8:00 PM	C Anderson, BS, BA, MSW	Arvada		MCOG3
Tuesday	11:00 AM	1:00 PM	M Fabian, MA, CACII	Arvada		TT2-AM
Tuesday	4:00 PM	6:00 PM	C Anderson, BS, BA, MSW	Lakewood		TCOG1
Tuesday	6:00 PM	8:00 PM	C Anderson, BS, BA, MSW	Lakewood		TCOG2

Dialectical Behavior Therapy

Day	Start	End	Counselor	Office	Comments	Code
Wednesday	4:00 PM	6:00 PM	C Anderson, BS, BA, MSW	Arvada		WDBT2
Wednesday	6:00 PM	8:00 PM	S Wilson, MA	Lakewood		WDBT
Thursday	6:00 PM	8:00 PM	C Anderson, BS, BA, MSW	Arvada		THDBT

Dialectical Behavior Therapy for Men

Day	Start	End	Counselor	Office	Comments	Code
Wednesday	4:00 PM	6:00 PM	M Hegge, MA, CACII	Lakewood		WDBTM
Wednesday	6:00 PM	8:00 PM	M Hegge, MA, CACII	Lakewood		WMDBT

Dialectical Behavior Therapy for Women

Day	Start	End	Counselor	Office	Comments	Code
Monday	4:00 PM	6:00 PM	C Shirreffs, BA, BS	Lakewood		MWDBT
Wednesday	4:00 PM	6:00 PM	C Shirreffs, BA, BS	Arvada		WWDBT
Wednesday	6:00 PM	8:00 PM	C Shirreffs, BA, BS	Arvada		WWG
Thursday	6:30 PM	8:30 PM	C Shirreffs, BA, BS	Arvada		THWDBT

Domestic Violence Therapy for Men

Day	Start	End	Counselor	Office	Comments	Code
Monday	6:00 PM	7:30 PM	D Meissner, MA, CACII, DVAP	Arvada		MDV2-M
Monday	8:00 PM	9:30 PM	D Meissner, MA, CACII, DVAP	Arvada		MDV-M
Tuesday	5:00 PM	6:30 PM	D Meissner, MA, CACII, DVAP	Arvada		TDV-M
Wednesday	5:00 PM	6:30 PM	D Meissner, MA, CACII, DVAP	Arvada		WDV2-M
Wednesday	7:00 PM	8:30 PM	D Meissner, MA, CACII, DVAP	Arvada		WDV-M
Thursday	3:30 PM	5:00 PM	D Meissner, MA, CACII, DVAP	Lakewood		THDV-M

Domestic Violence Therapy for Women

Day	Start	End	Counselor	Office	Comments	Code
Monday	11:00 AM	12:30 PM	D Meissner, MA, CACII, DVAP	Arvada		MDV-F
Tuesday	7:00 PM	8:30 PM	D Meissner, MA, CACII, DVAP	Arvada		TDV-F

Intensive OutPatient

Day	Start	End	Counselor	Office	Comments	Code
Mon, Tue, Thu	4:00 PM	7:00 PM	M Archambault, BS, CAC III	Lakewood	Meets 3x/week	IOP

Intensive OutPatient Aftercare

Day	Start	End	Counselor	Office	Comments	Code
Monday	7:00 PM	10:00 PM	M Archambault, BS, CAC III	Lakewood		MIOP-AC
Wednesday	4:00 PM	7:00 PM	M Archambault, BS, CAC III	Lakewood		WIOP-AC

Level II Education

Day	Start	End	Counselor	Office	Comments	Code
Monday	6:00 PM	8:00 PM	J Smith, PsyD, LAC, LPC	Lakewood		MED
Thursday	7:00 PM	9:00 PM	S Wilson, MA	Lakewood		THED
Saturday	10:30 AM	12:30 PM	M Fabian, MA, CACII	Arvada		SED

Marijuana Abstinence Program

Day	Start	End	Counselor	Office	Comments	Code
Tuesday	6:30 PM	8:30 PM	M Fabian, MA, CACII	Lakewood	Closed group	TMAP2
Thursday	4:00 PM	6:00 PM	M Fabian, MA, CACII	Lakewood	New: Open group	THMAP

Matrix Substance Abuse

Day	Start	End	Counselor	Office	Comments	Code
Mon @ 4PM, Wed @ 7PM			M Archambault, BS, CAC III	Lakewood	Meets 2x/week	MATRIX1

Men In Recovery [Trauma-informed]

Day	Start	End	Counselor	Office	Comments	Code
Wednesday	4:00 PM	6:00 PM	M Hegge, MA, CACII	Lakewood	Closed group	WMIR
Thursday	5:00 PM	7:00 PM	M Hegge, MA, CACII	Arvada	Closed group	THMIR

Moral Reconation Therapy

Day	Start	End	Counselor	Office	Comments	Code
Thursday	7:00 PM	9:00 PM	S Wallace, MA	Lakewood		THMRT
Saturday	8:00 AM	10:00 AM	T Schneider, BS, CACII	Lakewood		SMRTD

Relapse Prevention Therapy

Day	Start	End	Counselor	Office	Comments	Code
Monday	11:00 AM	1:00 PM	M Hegge, MA, CACII	Arvada		MRP3
Monday	5:00 PM	7:00 PM	M Hegge, MA, CACII	Arvada		MRP2
Monday	7:00 PM	9:00 PM	M Hegge, MA, CACII	Arvada		MRP
Thursday	10:00 AM	12:00 PM	T Schneider, BS, CACII	Lakewood		THRPS
Thursday	5:00 PM	7:00 PM	T Schneider, BS, CACII	Lakewood		THT2
Thursday	6:00 PM	8:00 PM	M Fabian, MA, CACII	Lakewood		THRP3
Thursday	6:00 PM	8:00 PM	D Meissner, MA, CACII, DVAP	Arvada		THRPC
Saturday	8:15 AM	10:15 AM	M Fabian, MA, CACII	Arvada		SRP1
Saturday	8:30 AM	10:30 AM	S Wallace, MA	Arvada		SRP2

Stimulant Outpatient Therapy

Day	Start	End	Counselor	Office	Comments	Code
Tuesday	4:00 PM	6:00 PM	M Hegge, MA, CACII	Arvada		TSTOP2
Thursday	7:00 PM	9:00 PM	M Hegge, MA, CACII	Arvada		THSTOP
Saturday	8:30 AM	10:30 AM	S Wallace, MA	Arvada		SSP

Strategies for Self-Improvement and Change

Day	Start	End	Counselor	Office	Comments	Code
Tuesday	6:00 PM	8:00 PM	M Hegge, MA, CACII	Arvada		TSSC1
Tuesday	8:00 PM	10:00 PM	M Hegge, MA, CACII	Arvada		TSSC
Saturday	10:30 AM	12:30 PM	T Schneider, BS, CACII	Lakewood		SSSC

Women In Recovery [Trauma-informed]

Day	Start	End	Counselor	Office	Comments	Code
Monday	4:00 PM	6:00 PM	C Anderson, BS, BA, MSW	Arvada	Closed group	MWIR
Wednesday	10:00 AM	12:00 PM	C Anderson, BS, BA, MSW	Arvada	Closed group	WWIR
Wednesday	12:00 PM	2:00 PM	C Anderson, BS, BA, MSW	Arvada	Closed group	WWIR2