



Creative Treatment Options

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## **OPIATE OUTPATIENT TREATMENT GROUP**

**A 16-week Matrix® Model Enhanced Outpatient Program - EOP**

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### **Opiates, Known by Different Names**

The opiate class of drugs includes codeine, hydrocodone, morphine, heroin, oxycodone, and others. Often called “pain killers,” these drugs decrease reactions to pain but while also increasing tolerance, and are commonly prescribed for intense or chronic pain. Opioids can also produce a feeling of euphoria that may lead to prescription abuse, recreational use, and chemical dependence.

### **The Proven Matrix© Model Therapy**

To address the use and overuse that we see in our communities today, CTO has adapted the Hazelden Matrix® Model. The Matrix Model is an evidence-based, protocol utilizing, cognitive behavioral approach that, in combination with 12-Step principles, has been used to treat thousands of individuals with this chemical dependencies such as opioids, stimulants, etc.

This program addresses problems seen in opiate-abusing clients as well as chronic pain clients, and is adapted to intervene with opiate users. The updated Matrix Model is focused on early recovery skills, relapse prevention, family education, and social support.

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The minimum length of treatment is sixteen weeks, and Medicaid benefits can apply.

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### **Corrections-aware Therapy Environment**

Created and facilitated by a certified addictions counselor, this program has also been adapted to meet the structured needs of law-involved clients, with required sobriety/substance monitoring and a focus on criminal thinking and re-entry issues.



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### **Who, When, Where, and Fees**

**Who:** Adults, 18 and older

**When:** EOP - Meets twice weekly. Every Monday 7 - 8:30PM and Wednesday 4 - 5:30PM

**Where:** CTO Lakewood - 1410 Vance St; Lakewood, CO 80214

**Fees:** \$30 per group session (\$60 per week)

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Creative Treatment Options.com

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REFERRALS and INFORMATION  
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