



## OPIATE-SPECIFIC SUBSTANCE ABUSE TREATMENT

### A 16-week Matrix® Model Enhanced Outpatient Program

Heroin use in Denver is dramatically increasing in part due to the “switchover” when prescriptions for opiate-based pain medications run out. Recreational use of opiates is a persistent substance abuse issue.

The opiate class of drugs includes codeine, hydrocodone, morphine, heroin, oxycodone, and others. Often called “pain killers,” these drugs decrease reactions to pain while also increasing tolerance, and are commonly prescribed for intense or chronic pain. Opioids can also produce a feeling of euphoria that may lead to prescription abuse, recreational use, and chemical dependence.

To address the use and overuse that we see in our communities today, CTO has adapted the Hazelden Matrix® Model. The Matrix Model is an evidence-based, protocol utilizing, cognitive behavioral approach that, in combination with 12-Step principles, has been used to treat thousands of individuals with this chemical dependence.

The minimum length of treatment is 16 weeks, and Medicaid benefits can apply. A wide range of options are available for aftercare treatment, to help ensure the transition to sobriety is maintained.

This program addresses problems seen in opiate-abusing clients as well as chronic pain clients, and is adapted to intervene with opiate users. The updated Matrix Model is focused on early recovery skills, relapse prevention, family education, and social support.

Created and facilitated by a certified addictions counselor, this program has also been adapted to meet the structured needs of law-involved clients, with required sobriety/substance monitoring and a focus on criminal thinking and re-entry issues.

### Sobriety Monitoring Options

Randomized and observed collection, with Norchem laboratory testing services are available.

### Program & Enrollment Information

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| Facilitator:       | Marie Archambault, BS, CACIII  |
| Clinic Supervisor: | Dr. Joyce L. Smith, PsyD, LPC, LAC   |
| Location:          | Creative Treatment Options; 6475 Wadsworth Blvd 3 <sup>rd</sup> Floor; Arvada, CO 80003  |
| -Schedule:         | Meets twice weekly for 16 weeks: Every Monday 7-9PM and Wednesday 4-6PM  |
| Fees:              | \$30 per group session (\$60 per week)   |
| Medicaid:          | This group treatment can qualify for Medicaid coverage if diagnosed by CTO as medically necessary. We accept Medicaid from all Denver area Medicaid payers: <ul style="list-style-type: none"> <li>• Foothills Behavioral Healthcare Partners</li> <li>• Behavioral Healthcare Partners (BHI)</li> <li>• Access Behavioral Care (ABC)</li> </ul> |
| Monitoring:        | Norchem/Sentry sobriety and substance use monitoring available.  |