



- Substance Abuse and Mental Health Counseling -

**Group Schedule**

**Creative Treatment Options, Inc.**

In-Person, TeleHealth, & Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
<b>Aftercare / Continuing Case</b>								
Monday	7:00 PM	10:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Aftercare	MAC-RP
<b>Anger Management Therapy</b>								
Wednesday	4:00 PM	6:00 PM	All	IP	Lakewood	C Wolfe, BS, RP		WAM
<b>Cognitive Restructuring Therapy (COG) <span style="float:right">DUI Level II Therapy</span></b>								
Monday	3:00 PM	5:00 PM	All	TH		L Ahuja	ICCS	DVCOG
Monday	6:00 PM	8:00 PM	All	IP	Arvada	A Offerle, BS, RP		MCOG3
Tuesday	11:00 AM	1:00 PM	All	IP	Arvada	T Smith, MA, LPCC, NCC		TT2-AM2
Tuesday	4:00 PM	6:00 PM	Female	IP	Lakewood	A Offerle, BS, RP	Seeking Safety. Grant Funds	TSS-F
Tuesday	4:00 PM	6:00 PM	All	IP	Lakewood	C Wolfe, BS, RP	ICCS	TCOG
Tuesday	6:00 PM	8:00 PM	Male	IP	Lakewood	A Offerle, BS, RP	Seeking Safety. Grant Funds	TSS-M
Tuesday	6:00 PM	8:00 PM	All	HY	Lakewood	C Wolfe, BS, RP		TCOG2
Wednesday	4:00 PM	6:00 PM	All	IP	Lakewood	C Wolfe, BS, RP		WAM
Saturday	8:30 AM	10:30 AM	All	IP	Lakewood	C Wolfe, BS, RP	ICCS	SCOG2
Saturday	10:30 AM	12:30 PM	All	HY	Lakewood	L Ahuja		SCOG3
<b>CRAFT - Community Reinforcement and Family Training</b>								
Wednesday	5:00 PM	6:00 PM	All	HY	Lakewood	K Taylor, MA, MBA	Hybrid	CRAFT1
<b>Dialectical Behavior Therapy (DBT) <span style="float:right">DUI Level II Therapy</span></b>								
Monday	5:00 PM	7:00 PM	All	IP	Commerce	C Dow, BS, CAS	ICCS	MDBT
Monday	5:00 PM	7:00 PM	Female	IP	Arvada	T Smith, MA, LPCC, NCC		MWDBT
Tuesday	4:30 PM	6:30 PM	Male	HY	Arvada	V Medina, BS, RP		TDBT-M
Tuesday	6:30 PM	8:30 PM	Female	TH		V Medina, BS, RP		TWDBT
Wednesday	4:00 PM	6:00 PM	All	IP	Lakewood	C Dow, BS, CAS		WDBT2
Wednesday	6:00 PM	8:00 PM	Male	IP	Lakewood	C Dow, BS, CAS	ICCS	WMDBT2
Wednesday	6:00 PM	8:00 PM		IP	Arvada	T Smith, MA, LPCC, NCC		WRP3
Wednesday	6:30 PM	8:30 PM	All	IP	Arvada	A Offerle, BS, RP		WDBT
Thursday	6:00 PM	8:00 PM	All	TH		T Smith, MA, LPCC, NCC	ICCS	THDBT
Thursday	6:30 PM	8:30 PM	Female	HY	Lakewood	V Medina, BS, RP		THWDBT
<b>Domestic Violence (DV)</b>								
Monday	4:30 PM	6:00 PM	Male	TH		D Meissner, MA, LAC, LPC, DVAP		MDV2-M-CC
Monday	6:00 PM	7:30 PM	Male	IP	Lakewood	D Meissner, MA, LAC, LPC, DVAP		MDV4-M
Tuesday	11:00 AM	12:30 PM	Male	TH		J Gillis, MA, LPC, CAS, DVAP		TDV3-M
Tuesday	4:00 PM	5:30 PM	Female	TH		J Gillis, MA, LPC, CAS, DVAP		TDV-F
Tuesday	6:00 PM	7:30 PM	Male	TH		J Bailey, MA, CAS, DVOMB Train., EAGALA		TMDV
Tuesday	6:00 PM	7:30 PM	Female	TH		J Gillis, MA, LPC, CAS, DVAP		TDV-F2
Tuesday	8:00 PM	9:30 PM	Male	TH		J Bailey, MA, CAS, DVOMB Train., EAGALA	ICCS	TDV-M
Wednesday	4:30 PM	6:00 PM	Female	TH		J Bailey, MA, CAS, DVOMB Train., EAGALA		WDV-F
Wednesday	6:00 PM	7:30 PM	Male	TH		J Bailey, MA, CAS, DVOMB Train., EAGALA		WMDV-CC
Wednesday	6:00 PM	7:30 PM	Male	TH		J Gillis, MA, LPC, CAS, DVAP		WDV-M
Thursday	9:00 AM	10:30 AM	Male	IP	Lakewood	D Meissner, MA, LAC, LPC, DVAP		THDV6-M
Thursday	12:00 PM	1:30 PM	Male	IP	Lakewood	D Meissner, MA, LAC, LPC, DVAP		THDV5-M
Thursday	3:30 PM	5:00 PM	Male	TH		J Gillis, MA, LPC, CAS, DVAP		THDV-M
<b>DUI Level II Education</b>								
Monday	6:00 PM	8:00 PM	All	IP	Arvada	M Fabian, LPC, MA, CAC II		MED
Tuesday	6:30 PM	8:30 PM	All	TH		C Dow, BS, CAS		TED2-CC

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In-Person, TeleHealth, & Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
Thursday	4:00 PM	6:00 PM	All	IP	Arvada	M Fabian, LPC, MA, CAC II		THED
Saturday	10:30 AM	12:30 PM	All	TH		B Thompson, BS		SED
<b>DUI Level II Four+</b>								
Monday	6:00 PM	8:00 PM	All	TH		K Scott, MA, LPC		ML2-4+
Monday	8:00 PM	10:00 PM	All	TH		K Scott, MA, LPC		ML2-4+(2)
Tuesday	5:00 PM	7:00 PM	All	IP	Arvada	K Scott, MA, LPC		TL2-4+
Wednesday	10:00 AM	12:00 PM	All	IP	Arvada	M Fabian, LPC, MA, CAC II		WL2-4+C
Wednesday	4:00 PM	6:00 PM	All	TH		K Scott, MA, LPC	ICCS	WL2-4+A
Wednesday	6:00 PM	8:00 PM	All	TH		K Scott, MA, LPC		WL2-4+B
<b>DUI Level II Therapy</b>								
A Cross-Reference of all our DUI Level II Therapy Groups								
Monday	2:00 PM	4:00 PM	Female	TH		C Anderson, BS, BA, LSW	"Women in Recovery"	MWIR2
Monday	3:00 PM	5:00 PM	All	TH		L Ahuja	ICCS	DVCOG
Monday	4:00 PM	6:00 PM	All	IP	Arvada	M Fabian, LPC, MA, CAC II		MRP3
Monday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Monday	5:00 PM	7:00 PM	All	IP	Commerce	C Dow, BS, CAS	ICCS	MDBT
Monday	5:00 PM	7:00 PM	Female	IP	Arvada	T Smith, MA, LPCC, NCC		MWDBT
Monday	5:00 PM	7:00 PM	All	TH		K Taylor, MA, MBA		MMRT2
Monday	6:00 PM	8:00 PM	All	IP	Arvada	A Offerle, BS, RP		MCOG3
Monday	7:00 PM	9:00 PM	All	TH		C Dow, BS, CAS		MRP
Monday	7:00 PM	9:00 PM	All	IP	Lakewood	K Taylor, MA, MBA	ICCS	MMRT
Monday	7:00 PM	10:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Aftercare	MAC-RP
Tuesday	11:00 AM	1:00 PM	All	IP	Arvada	T Smith, MA, LPCC, NCC		TT2-AM2
Tuesday	4:00 PM	6:00 PM	Female	IP	Lakewood	A Offerle, BS, RP	Seeking Safety. Grant Funds	TSS-F
Tuesday	4:00 PM	6:00 PM	All	IP	Lakewood	C Wolfe, BS, RP	ICCS	TCOG
Tuesday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Tuesday	4:30 PM	6:30 PM	Male	HY	Arvada	V Medina, BS, RP		TDBT-M
Tuesday	6:00 PM	8:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC1
Tuesday	6:00 PM	8:00 PM	Male	IP	Lakewood	A Offerle, BS, RP	Seeking Safety. Grant Funds	TSS-M
Tuesday	6:00 PM	8:00 PM	All	HY	Lakewood	C Wolfe, BS, RP		TCOG2
Tuesday	6:30 PM	8:30 PM	Female	TH		V Medina, BS, RP		TWDBT
Tuesday	7:00 PM	9:00 PM	All	TH		T Courtney, BS		TSTOP
Tuesday	8:00 PM	10:00 PM	All	TH		J Lopez, BS, CAC III		TSSC2
Wednesday	12:00 PM	2:00 PM	All	TH		M Archambault, BS, CAS	ICCS	WRP1
Wednesday	4:00 PM	6:00 PM	All	IP	Lakewood	C Dow, BS, CAS		WDBT2
Wednesday	6:00 PM	8:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	HOPE	HOPE
Wednesday	6:00 PM	8:00 PM	Male	IP	Lakewood	C Dow, BS, CAS	ICCS	WMDBT2
Wednesday	6:00 PM	8:00 PM		IP	Arvada	T Smith, MA, LPCC, NCC		WRP3
Wednesday	6:30 PM	8:30 PM	All	IP	Arvada	A Offerle, BS, RP		WDBT
Thursday	11:00 AM	1:00 PM	All	TH		C Dow, BS, CAS	ICCS	THRP2
Thursday	4:00 PM	6:00 PM	Male	TH		T Smith, MA, LPCC, NCC	Starts 10/7. Men in Recovery. In-	THMIR
Thursday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Thursday	4:30 PM	6:30 PM	All	IP	Lakewood	C Dow, BS, CAS		THT2
Thursday	6:00 PM	8:00 PM	All	IP	Arvada	M Fabian, LPC, MA, CAC II		THRP3
Thursday	6:00 PM	8:00 PM	All	TH		T Smith, MA, LPCC, NCC	ICCS	THDBT
Thursday	6:15 PM	8:15 PM	All	TH		C Dow, BS, CAS		THRPC
Thursday	6:30 PM	8:30 PM	Female	HY	Lakewood	V Medina, BS, RP		THWDBT
Saturday	8:15 AM	10:15 AM	All	TH		B Thompson, BS		SRP1
Saturday	8:30 AM	10:30 AM	All	IP	Lakewood	C Wolfe, BS, RP	ICCS	SCOG2
Saturday	9:00 AM	11:00 AM	All	TH		J Lopez, BS, CAC III		SSSC
Saturday	10:30 AM	12:30 PM	All	HY	Lakewood	L Ahuja		SCOG3
Saturday	10:30 AM	12:30 PM	All	IP	Lakewood	C Wolfe, BS, RP		SMRT
Saturday	11:00 AM	1:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	SSSC2

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In-Person, TeleHealth, & Hybrid Groups\*

Day	Start	End	Gender	Typ*	Office	Counselor	Comment	Group Code
<b>H.O.P.E. - Heroin/Opiates Prevention &amp; Education</b>								With medical provider partner
Wednesday	6:00 PM	8:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	HOPE	HOPE
<b>Intensive Outpatient (IOP)</b>								DUI Level II Therapy
Monday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Tuesday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
Thursday	4:00 PM	7:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Meets M, Tu, & Th	IOP
<b>Life Skills &amp; Peer Recovery Coaching</b>								
Thursday	6:00 PM	7:30 PM	All	IP	Lakewood	J Ramirez, PRC		LSR2
Saturday	9:00 AM	10:30 AM	All	TH		J Ramirez, PRC		SPeer1
<b>MAT - Medication-Assisted Treatment (H.O.P.E.)</b>								DUI Level II Therapy
Wednesday	6:00 PM	8:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	HOPE	HOPE
<b>Moral Reconciliation Therapy (MRT)</b>								DUI Level II Therapy
Monday	5:00 PM	7:00 PM	All	TH		K Taylor, MA, MBA		MMRT2
Monday	7:00 PM	9:00 PM	All	IP	Lakewood	K Taylor, MA, MBA	ICCS	MMRT
Saturday	10:30 AM	12:30 PM	All	IP	Lakewood	C Wolfe, BS, RP		SMRT
<b>Recovery Support</b>								Building Long-Term Recovery
Monday	2:00 PM	4:00 PM	Female	TH		C Anderson, BS, BA, LSW	"Women in Recovery"	MWIR2
Thursday	4:00 PM	6:00 PM	Male	TH		T Smith, MA, LPCC, NCC	Starts 10/7. Men in Recovery. In-	THMIR
<b>Relapse Prevention Therapy</b>								DUI Level II Therapy
Monday	4:00 PM	6:00 PM	All	IP	Arvada	M Fabian, LPC, MA, CAC II		MRP3
Monday	7:00 PM	9:00 PM	All	TH		C Dow, BS, CAS		MRP
Monday	7:00 PM	10:00 PM	All	IP	Lakewood	M Archambault, BS, CAS	Aftercare	MAC-RP
Wednesday	12:00 PM	2:00 PM	All	TH		M Archambault, BS, CAS	ICCS	WRP1
Wednesday	6:00 PM	8:00 PM	All	IP	Arvada	T Smith, MA, LPCC, NCC		WRP3
Thursday	11:00 AM	1:00 PM	All	TH		C Dow, BS, CAS	ICCS	THR2
Thursday	4:30 PM	6:30 PM	All	IP	Lakewood	C Dow, BS, CAS		THT2
Thursday	6:00 PM	8:00 PM	All	IP	Arvada	M Fabian, LPC, MA, CAC II		THR3
Thursday	6:15 PM	8:15 PM	All	TH		C Dow, BS, CAS		THRPC
Saturday	8:15 AM	10:15 AM	All	TH		B Thompson, BS		SRP1
<b>Seeking Safety</b>								
Tuesday	4:00 PM	6:00 PM	Female	IP	Lakewood	A Offerle, BS, RP	Seeking Safety. Grant Funds	TSS-F
Tuesday	6:00 PM	8:00 PM	Male	IP	Lakewood	A Offerle, BS, RP	Seeking Safety. Grant Funds	TSS-M
<b>Stimulant Outpatient Therapy (STOP)</b>								DUI Level II Therapy
Tuesday	7:00 PM	9:00 PM	All	TH		T Courtney, BS		TSTOP
<b>Strategies for Self-Improvement &amp; Change (SSIC)</b>								DUI Level II Therapy
Tuesday	6:00 PM	8:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	TSSC1
Tuesday	8:00 PM	10:00 PM	All	TH		J Lopez, BS, CAC III		TSSC2
Saturday	9:00 AM	11:00 AM	All	TH		J Lopez, BS, CAC III		SSSC
Saturday	11:00 AM	1:00 PM	All	TH		J Lopez, BS, CAC III	ICCS	SSSC2
<b>Trauma-informed Therapy</b>								DUI Level II Therapy
Tuesday	4:00 PM	6:00 PM	Female	IP	Lakewood	A Offerle, BS, RP	Seeking Safety. Grant Funds	TSS-F
Tuesday	6:00 PM	8:00 PM	Male	IP	Lakewood	A Offerle, BS, RP	Seeking Safety. Grant Funds	TSS-M

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